SUMMER OVERNIGHT CAMP FORMS
2023

Please print ALL of these forms single sided, complete them and bring them to camp check-in.

The big number in the upper right hand corner of each form corresponds to the check-in station at which each form will be turned in.

Don’t forget a copy of your health insurance card, front and back, please.
A new form must be completed for EACH session.

<table>
<thead>
<tr>
<th>Child’s Name</th>
<th>Parent’s Names</th>
</tr>
</thead>
<tbody>
<tr>
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<table>
<thead>
<tr>
<th>Address</th>
<th>City, State, Zip</th>
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<table>
<thead>
<tr>
<th>Phone Day</th>
<th>Night</th>
<th>Session/ Program Dates</th>
</tr>
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<tbody>
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</table>

In the event that I am unable to pick up my camper from this event, I authorize Girl Scouts of Central Texas to release my child to any of the following persons named. Include other parents’ names, stepparents, or friends scheduled to pick up your child, emergency contact, etc. Your child will not be released to ANYONE who isn't listed on this form and presents a valid driver's license.

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone (day, night, cell)</th>
<th>Driver's License #</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
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<td>1.</td>
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<td>2.</td>
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<td>3.</td>
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<td>4.</td>
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<td>5.</td>
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</tbody>
</table>

My child SHOULD NOT be released to the following person(s):

<table>
<thead>
<tr>
<th>1.</th>
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</table>

| 2. |                          |

I have read and completed this form and understand the Girl Scouts of Central Texas will release my child from camp or a program according to the information I have provided. I further understand that my child WILL NOT be released to ANYONE not listed on this form and able to show a valid driver’s license.

_____________________________  ___________________________
Signature of parent/guardian  Date

This section to be completed at check-out only

<table>
<thead>
<tr>
<th>Signature of person picking up child:</th>
<th>Date:</th>
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</table>
Camper’s Full Name: _______________________________ Date: ____________________

**Hold Harmless:** I, individually or I/we as parent(s) and/or natural/legal guardian(s) of my/our child understand and recognize that there is always an inherent risk of bodily injury and harm associated with, but not limited to, camping, challenge course, archery, campfires, and other typical camp activities including those risks arising from accidents, other participants, and the forces of nature. I/we further understand that no warranties or representations of any kind have been made by the Girl Scouts of Central Texas (GSCTX), its employees, agents, officers, directors, successors, or assigns regarding any of these activities.

My child and I assume(s) the risk(s) of personal injury, accidents and/or illness, in consideration of, and in recognition of the inherent risks of the activity associated with the use of the GSCTX facilities and/or participation in its Girl Scouts program or activities, I, individually, or I/we as parent(s) and/or natural, legal guardian(s) of my/our child agree, on behalf of myself, my child, my/our heirs, representatives, successors, executors, administrators and assigns, to hereby release, waive, discharge, hold harmless, indemnify and agree not to sue the GSCTX, its national organization, its employees, agents, officers, directors, whatsoever which my child or I may have against GSCTX, its national organization, its employees, agents, officers, directors, successors or assigns, on account of any personal injury, property damage, death or accident of any kind arising out of or in any way connected with the use of GSCTX facilities, transporting my camper, and/or participation in its Girl Scouts programs or camp activities and I/we agree to indemnify and hold harmless the persons or entities mentioned in these paragraphs for any and all liabilities, personal injury, expenses, property damage, or claims made by other individuals or entities as a result of my child’s/my actions.

**PLEASE INITIAL THE APPROPRIATE RESPONSE IN THE FOLLOWING SECTIONS:**

- [ ] Yes [ ] No **Swimming, kayaking, canoeing, and/or sailing activities:** I/we do further give consent for said minor child to participate in organized swimming, kayaking, canoeing, and/or sailing activities conducted at GSCTX Camps. I/we understand that said minor child shall be required to take an approved swimming skill level test and will be assigned to that portion of the swimming area which is commensurate with their demonstrated swimming ability. An approved swimming skill level test will also be required before said minor child can participate in canoeing, kayaking or sailing program. Participants will be required to wear Personal Floatation Devices at all times during participation in canoeing, kayaking and/or sailing activities.

- [ ] Yes [ ] No **Climbing Wall/Ropes Course/Zip Line activities:** I/we do further give consent for said minor child to participate in organized activities at GSCTX Camp Texlake. I/we understand that said minor child will be supervised and instructed in these events by an individual who has been certified and trained to facilitate this level of programming. All participants are provided instruction on the wearing and use of safety equipment prior to participation.

- [ ] Yes [ ] No **Camp Texlake Horse program** (horse program registrants): I acknowledge there are significant risks and dangers involved with horses and horseback riding, and that horses are powerful and potentially dangerous animals. Horseback riding entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to a program participant. While safety is our top priority at GSCTX Camp Texlake and when matching a camper with their mount, a horse, regardless of its training and usual past behavior, a horse may act unpredictably at times based upon instinct or fright which may cause a participant to be thrown from or injured. Clothing appropriate for horseback riding must be worn by participants while at the barn, including long pants or jeans and riding boots or closed toed shoes with smooth soles and a heel of no less than 1 inch and no more than 2 inches. Extra wide hiking shoes/boots with lug soles and tennis shoes are prohibited for safety. Helmets are provided and must be worn at all times in the barn area and while with the horses. I also understand and acknowledge that for the safety of the animals, my camper cannot exceed the rider weight limit of 200 pounds. Note: UNDER TEXAS LAW (CHAPTER 87, CIVIL PRACTICE AND REMEDIES CODE) AN EQUINE PROFESSIONAL IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISKS OF EQUINE ACTIVITIES. Texas Civil Practice and Remedies Code Title 4, Chapter 87.

- [ ] Yes [ ] No **PG-13 Movies** (for Juniors and older): My child has my permission to watch movies up to a PG-13 rating if it’s part of the program (Harriet Potter for example) or during indoor weather-affected activities. If no is indicated, you child will only be able to view PG-rated or G-rated movies or be provided alternative activity options if applicable.

- [ ] Yes [ ] No **Media Release:** In the event photographs, slides, or videos are made of said minor child, I/we consent to the release of those photographs, slides, or videos for use in promoting programs at GSCTX.

Signature of custodial parent/guardian: _______________________________ Date: ____________________

Custodial parent/guardian (please print): _______________________________________________
At GSCTX Camps, we hold our campers to a certain standard of behavior. Throughout the week, we expect our campers to adhere to the Girl Scout Promise, the Girl Scout Law, and other general camp rules. These are designed to guarantee every child who attends a GSCTX resident camp has a positive experience. By checking each section and signing the agreement, you and your child are agreeing to the standards of behavior we expect at our GSCTX camps. Breaking the agreement may result in consequences. The Camp Manager and camp staff will do everything possible to help girls adjust to camp life. However, GSCTX reserves the right to send home from camp any child who consistently exhibits unsuitable behavior, endangers the camp community, or whose actions towards others are unacceptable.

CAMPER: ____________________________

During my stay at GSCTX camps, I agree with and will adhere to the following: (please check each box)

[ ] Girl Scout Promise: By checking the box, I agree that I will always uphold the Girl Scout Promise.

[ ] Girl Scout Law: By checking the box, I agree to live by the Girl Scout law during my stay at camp.

[ ] Kapers: At Girl Scout camp, campers are assigned daily chores or kapers. Kapers include, but not limited to, picking up trash, setting the table, and cleaning the bathroom. By checking the box, I agree I will do my part in the daily Kapers at camp.

[ ] Technology at Camp: No electronic devices are permitted at GSCTX camps. By checking the box, I agree that I will leave all electronics at home and will not bring electronics to camp.

[ ] Bullying: GSCTX camps work to provide a safe place for all campers who attend camp. Bullying of any sort will not be tolerated. By checking the box, I agree that I will not bully other campers and will report bullying to the camp staff if I see it happen.

[ ] Camper Behavior: At GSCTX camps, we do our best to give every child a positive and safe experience. We expect our campers to help us in that endeavor by behaving appropriately at all times. By checking the box, I agree that I will behave appropriately and will refrain from any inappropriate behavior that would not be acceptable at any Girl Scout function or at school.

PARENT / GUARDIAN: ____________________________

I have discussed the Behavior Agreement with my camper and what it means for them during their stay at camp. I agree with and will adhere to the following:

[ ] Girl Scout Promise: I have reviewed the Girl Scout Promise with my camper and ensure they will abide by the Promise while at camp.

[ ] Girl Scout Law: I have reviewed the Girl Scout Law with my camper and ensure they will behave according to the Girl Scout Law while they are at camp.

[ ] Kapers: I have reviewed what Kapers are with my camper and agree that they will be involved in the daily Kapers at camp.

[ ] Technology at Camp: I have reviewed GSCTX’s stance on technology at camp with my camper and agree that I will not send electronics with my camper to camp.

[ ] Bullying: I have reviewed GSCTX’s stance on bullying with my camper and understand the consequences of bullying while my camper is at camp.

[ ] Camper Behavior: I have reviewed what appropriate behavior means with my camper and agree to help GSCTX ensure a positive environment with all campers.

By signing, I, the camper, agree to uphold the GSCTX Camp Behavior Agreement.

Signature ____________________________ Date ____________________________

By signing, I, the parent/guardian, also agree to uphold the GSCTX Camp Behavior Agreement.

Signature ____________________________ Date ____________________________
Camper:

<table>
<thead>
<tr>
<th>Name</th>
<th>Last</th>
<th>First</th>
<th>Middle</th>
<th>Birthdate</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girl Scout Level (Fall of 2023): [ ] Daisy [ ] Brownie [ ] Junior [ ] Cadette [ ] Senior [ ] Ambassador</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Street Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Guardian 1:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Address (if different from camper)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home Phone</td>
<td>Work Phone</td>
<td>Cell Phone</td>
<td>Email</td>
</tr>
<tr>
<td>Parent/Guardian 2:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Address (if different from camper)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home Phone</td>
<td>Work Phone</td>
<td>Cell Phone</td>
<td>Email</td>
</tr>
</tbody>
</table>

Emergency Contact other than Parent/Guardian:

<table>
<thead>
<tr>
<th>Name</th>
<th>Relationship</th>
<th>Home Phone</th>
<th>Work Phone</th>
<th>Cell Phone</th>
</tr>
</thead>
</table>

Please share any situation in your child's life which may affect their adjustment to, or enjoyment of camp, such as:

[ ] separation [ ] divorce [ ] new baby in family [ ] health of camper [ ] illness of a family member
[ ] death [ ] moving [ ] Other Comments:

Does your child have any fears we should be aware of (i.e., dark, animals, etc.)

Name of siblings(s), or other family member, if any, who will be at same camp session or attending camp the same week:

Is this their first time away from home without family?  Yes  No

**Health History** (Check all that apply):

**Diseases**

[ ] Chicken Pox
[ ] Measles
[ ] German Measles
[ ] Mumps
[ ] Other

**Allergies** - Describe specific allergy and reaction:

[ ] Animals
[ ] Food
[ ] Insect Stings
[ ] Medicine/Drug
[ ] Plants
[ ] Pollen
[ ] Milk

**Chronic or Recurring Illness** - Please give explanation:

[ ] Ear Infections
[ ] Sinus
[ ] Heart Defect/Disease
[ ] Seizures
[ ] Bleeding Disorders
Child's Name: ________________________________

[ ] Asthma  [ ] Diabetes  [ ] Musculoskeletal Disorders  [ ] Cancer

Other Health Concerns (please include explanations as needed)

[ ] Bed wetting  [ ] Motion Sickness  [ ] Mental disability
[ ] Sleep walking  [ ] Dizzy spells/fainting  [ ] Bone/joint injury in last 12 months
[ ] Nightmares  [ ] Visual impairment  [ ] Major illness in last 12 months
[ ] Constipation  [ ] Deaf/Hard of hearing  [ ] Major operations/hospitalizations
[ ] Frequent nose bleeding  [ ] Dental appliance
[ ] Frequent headaches  [ ] Physical disability
[ ] Other

Specific activities to be discouraged for medical reasons/conditions:

__________________________

Special dietary regime to be followed (example: vegetarian or gluten allergy):

__________________________

Health Care and Camp Permissions:

I ______________________________ hereby give GSCTX camps permission to administer the following over the counter medications if health supervisor deems it necessary. Dosages will be administered according to directions on the bottle unless a physician directs otherwise.

OTC Medication:

[ ] Acetaminophen (i.e. Tylenol)  [ ] Antihistamine cream (i.e. calamine lotion or Gold Bond cream)
[ ] Pepto Bismol  [ ] Decongestant (i.e. Sudafed)
[ ] Antihistamine (i.e. Benedryl)  [ ] Triple Antibiotic Ointment (i.e. Neosporin)
[ ] Ibuprofen (i.e. Advil)  [ ] Anti-acid tablets (i.e. Tums)
[ ] Midol  [ ] Additional/other medications as indicated by GSCTX health staff

Current Medications: Please use medications log sheet to accurately and legibly note ALL medications your child will be bringing to camp. Be sure this completed form and all medications are turned into the Health Center staff during check in!

I hereby attest that all information listed on this form is complete and accurate to the best of my knowledge, and that my child/ward is in acceptable health, physical ability, and emotionally ready to fully participate in all camp activities except as noted by me and/or an examining physician. I give permission to the physician selected by the camp to order x-rays, routine tests, and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status.

Signature of Parent/Guardian ___________________________________________ Date ______________
**2023 OVERNIGHT CAMP PHYSICAL FORM**

Must be signed by Licensed Physician or Nurse Practitioner after review of all health history forms with parent/guardian.

Date of Exam: ____________________________ (required within 12 months of your camper’s program)

Child’s Full Name: ____________________________

Height: __________________ Weight: ______________ Blood Pressure: ________/_______

**Physical Examination:**

S — satisfactory for camp participation  M — modified/limited participation  X — not satisfactory

___ Lungs  ___ Throat  ___ Ears

___ Nose  ___ Eyes  ___ Skin

___ Feet  ___ Abdomen  ___ General physical status

___ Posture/spine  ___ Heart  ___ General emotional status

Please explain any M or X findings:

________________________________________________________________________

________________________________________________________________________

**Explanation of any chronic or recurring illness, or health concerns as listed on the medical history:**

________________________________________________________________________

________________________________________________________________________

**Recommendations and/or restrictions while at camp:**

________________________________________________________________________

________________________________________________________________________

**Are there any activities that this child should not participate in?:**

________________________________________________________________________

**Record of Immunizations:**

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Date</th>
<th>Date</th>
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<tbody>
<tr>
<td>D T P</td>
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<tr>
<td>PCV</td>
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<td>TD</td>
<td></td>
<td></td>
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<tr>
<td>IPV</td>
<td></td>
<td></td>
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<tr>
<td>Tetanus</td>
<td></td>
<td></td>
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<tr>
<td>Haemophilus influenza B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B</td>
<td></td>
<td></td>
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<tr>
<td>MMR</td>
<td></td>
<td></td>
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<tr>
<td>Varicella (Chicken Pox)</td>
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</table>

(a signed copy of the child’s shot record is encouraged and may be substituted for completing this immunization section only)

Physician’s Statement: Based on this child’s physical examination, in my opinion, the child has suitable physical, mental, and emotional health to fully participate or to participate with the recommendations/restrictions indicated on this sheet in a rustic outdoor living environment, standard camp activities (i.e. swimming, boating, sports, etc.), and potentially high-risk activities (including but not limited to horseback riding, high ropes/challenge course ac-

Licensed Physician’s or Nurse Practitioner’s signature: _______________________________________

Printed name: ___________________________________________ Date: _____________________________

Contact phone number: ______________________________________

Address: __________________________________________________
All medications and this completed form are to be turned in to the Health & Safety Manager upon arrival at camp. This includes any medical treatment items such as, but not limited to, hand sanitizers, vitamins, essential oils, pain relievers, etc. If your child doesn’t strictly need these items, we recommend you leave them at home.

All prescription medications MUST be in their original container with original labeling.

Please DO NOT pack medications in your child’s luggage.

<table>
<thead>
<tr>
<th>Child's Name</th>
<th>Medication Allergies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Living Unit</td>
<td></td>
</tr>
<tr>
<td>Program Name</td>
<td>Food Allergies</td>
</tr>
<tr>
<td>Parent or Guardian</td>
<td></td>
</tr>
<tr>
<td>Contact Number</td>
<td>Other Allergies</td>
</tr>
<tr>
<td>Alt Number</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Scheduled Medications</th>
<th>THIS SECTION TO BE COMPLETED DAILY BY HEALTH STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication Name</td>
<td>Dosage</td>
</tr>
<tr>
<td>After Breakfast (9 am)</td>
<td></td>
</tr>
<tr>
<td>After Lunch (1 pm)</td>
<td></td>
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<tr>
<td>After Dinner (6 pm)</td>
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<tr>
<td>Bedtime (9 pm)</td>
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<td>After Breakfast (9 am)</td>
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<td>After Dinner (6 pm)</td>
<td></td>
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<tr>
<td>Bedtime (9 pm)</td>
<td></td>
</tr>
</tbody>
</table>

Multiple copies of this form should be used if more room is needed.
Camper
Name:________________________________________________________

Insurance information, please indicate:

Insurance Company: _____________________________________________

Policy Number: ________________________________________________

Name of Primary Policy Holder: _________________________________

***PLEASE PROVIDE A COPY OF YOUR INSURANCE CARD- front and back***
Camper Name:

Program/Session:

Camper Birthday:

Is your camper coming to camp with a friend/buddy/sibling or troop mates? Please list them here:

__________________________________________________________

Do they have siblings and/or pets at home?:

What are some of your camper’s hobbies and interests?:

__________________________________________________________

Do they have any favorite foods/snacks? What about foods they dislike?:

__________________________________________________________

What is something your camper is really good at or excels in/their strengths?:

__________________________________________________________

Is your camper worried or anxious about anything regarding camp this summer?:

__________________________________________________________

Do they have any strong fears (the dark, spiders, etc.)?:

What are they most looking forward to about camp this summer?:

__________________________________________________________

What are YOUR hopes for your camper’s camp experience?:

__________________________________________________________

Is this your camper’s first time away from home without family?:

Do you have any suggestions for helping your camper succeed if they should become homesick, have any behavior issues or trouble getting along with others?:

__________________________________________________________

__________________________________________________________

Do you have any special concerns for your camper while they are at camp?:

__________________________________________________________

__________________________________________________________

Any additional comments or information you want to share to help us ensure your camper has the best experience possible?:

__________________________________________________________

Thank you for entrusting us with your camper this summer!