At Home Activities for Daisies

Try an Upcycling Craft!

Explain to the girls that upcycling means using something that is "trash" in a new way. This is different than recycling because they use it directly instead of sending it out to be remade by a manufacturer. Have the girls make a collage using old magazines or postcards.

**Time:** 25 mins  
**Supplies Needed:** Old magazines/newspapers, glue, paper

Thank You Notes

Teach the girls how to write a thank-you note. Write one together and then have the girls write one on their own. If they’re not sure who to write it for, help them think of someone who has helped them in their life, like a teacher, a grandparent, or a doctor.

**Time:** 15 mins  
**Supplies Needed:** Paper, writing utensils

Respecting the Outdoors

Talk to the girls about Leave No Trace. Go outside and look for signs that people came outside and didn’t know about Leave No Trace. When you come back in, talk about what you saw and what you should do instead.

**Time:** 10 mins  
**Supplies Needed:** None
### Art From Nature

Have the girls collect some pieces of nature and use them to create a one of a kind piece of art! They can paint using what they gathered as tools (i.e. a stick as a paintbrush) or to enhance what they are creating (i.e. gluing leaves to their paper and drawing around them).

**Time:** 20 mins  
**Supplies Needed:** Pieces of nature, glue, paper, paint (optional)

---

### If You Get Lost

Give the girls cards with their address and phone numbers and have them practice writing them. Suggest they turn it into a song to help remember. They need to be able to recite from memory their phone number and address just in case they ever get lost!

**Time:** 10 mins  
**Supplies Needed:** Paper or notecard, writing utensils

---

### Think of Ways to be Helpful

Help the girls make a list of something they can do for the next two weeks to be helpful. Have each girl pick something that they think they can do for that time.

**Time:** 5 mins  
**Supplies Needed:** None
**At Home Activities for Daisies**

**Songs that Make us Feel Courageous and Strong**

Have the girls think of songs that make them feel courageous and strong, and have a sing-along! (Ex. 'How Far I'll Go' from Moana)

**Time:** 5 mins  
**Supplies Needed:** None  

Tula Petal