Year Outline on How to Guide Girl Scout Daisies Through the Daisy Flower Garden

This is a helpful guide with suggestions on how to extend the Girl Scout Daisy GS Troop Year and incorporate the GS Journeys into the GS Troop curriculum more easily by providing easy to use guides. This can be used in conjunction with the books and guides for the Girl Scout Daisy Journey for Series 1 “It’s Your World, Love It”. Adjustments may be needed to fit around your GS Troop Year to ensure that the girls understand the Journey’s Leadership Benefits. Additional meetings, activities, field trips, and Girl Scouts Days to Celebrate such as Founder's Day, World Thinking Day, and Girl Scouts Birthday (These dates can be found inside the cover page of the Girl Scouts Welcome to the Daisy Flower Garden book) may be added into your GS Troop Year as well.
Session 1: Welcome to the Daisy Flower Garden

Meeting 1:
Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scouts Welcome to the Daisy Flower Garden book
✓ Poster board with Laws
✓ Crayons and Markers
✓ Copies of the “COLOR ME” pages
✓ Healthy snack

Girl Scouts Daisies get to know one another and gets introduced to the garden story and learns basic Girl Scouts values.

- As the girls arrive, greet them and introduce yourself. Follow the “As girls arrive” dialogue on page 35 of Girl Scout Daisy Adult Guide.
- Opening Ceremony: Daisy Circle
  - Once all the girls arrive, gather them in a circle and explain that they are now in a Daisy Circle. Follow the prompt on page 36 of your Girl Scout Daisy Adult Guide to follow through with the rest of the ceremony.
- Find some time between to establish rules and safety standards for meetings.
- Once the ceremony is finished have the girls, still in their circles, go over the Girl Scouts Promise with them. Suggestions can be found on page 37 of your Girl Scout Daisy Adult Guide. (It will be helpful to in advance have the laws written big and colorful on a board so the girls who are first year who have not fully began to read can have something to follow along with)
- Now have the Girl Scout Daisies get out their book and congratulate them on being Girl Scouts Daisies and let them know that they are about to take a big adventure. Introduce them to the founder and her story on page 6 of the girls’ book and the Garden Girls on page 7.
- Read to them the bios of the Garden Girls on the following pages. (Follow the Garden Story Time script on page 40-41 of your Girl Scout Daisy Adult Guide to know how to engage the girls in the story)
- When finished have them do the corresponding activities and “Color Me!” for each Garden Girl.
- (optional) When finished have a healthy snack for the girls to have. Snack Time, Garden Style can be found on page 27 of your Girl Scout Daisy Adult Guide.
- Closing
  - Follow the script on page 45 of your Girl Scout Daisy Adult Guide.
Meeting 2:
Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scouts Welcome to the Daisy Flower Garden book
✓ Poster board with Laws
✓ Girl Scout Daisy Activity Book
✓ “Amazing Daisy, Her Flower, Friends, And the Girl Scouts Law” poster
✓ Potting mix
✓ Cup for Scooping soil
✓ Popsicle sticks for plant markers and marking pen
✓ Small watering can
✓ Basil, leaf lettuce or arugula seeds
✓ A gardening container (any shape large enough to grow plants)

Girl Scouts Daisies will be introduced to the Ten Petals of the Law and start a Mini Garden.

• Opening Ceremony:
  o Once all the girls arrive have them go outside and do an Outdoor Smells activity. (The script for this activity can be found on the top of your Girl Scout Daisy Adult Guide.)

• Garden Story
  o Have the girls come in and begin reading Chapter 1 of their Welcome to the Daisy Flower Garden book starting on page 17.
  o When done have the girls learn the Sing a Girl Scouts Daisy Song on page 21 of their book.

• Activity
  o Have the girls go to page 14 and 15 of the Girl Scout Daisy Activity Book.
  o Go over The Promise Center and Learning Petals with the girls. Also pull out the “Amazing Daisy, Her Flower, Friends, And the Girl Scouts Law” poster and introduce the girls to each flower.
  o Explain to the girls that throughout their adventure through the Flower Garden they will be able to earn the 10 Learning Petals.

• First Planting: A Mini-Garden
• Follow the script on page 42-43 of your Girl Scout Daisy Adult Guide. (Be sure to have gotten the materials and resources together before hand.)
• Closing
Meeting 3:

Supplies & Resources

- Girl Scout Daisy Adult Guide
- Girl Scouts Welcome to the Daisy Flower Garden book
- Poster board with Laws
- Apples
- Music and portable CD player
- Healthy snack
- Hats and Sun block

Girl Scouts Daisies have a chance for more Outdoor play and discovering themselves on a mini field trip while earning their first petal.

- For this meeting meet at your local park.
- Opening Ceremony
  - Outdoor feeling activity on page 46 of your Girl Scout Daisy Adult Guide
- Go on an Alphabet Hike
  - This activity can be found on page 23 of Girl Scout Daisy Activity Book
    - When the girls find something that starts with H stop right there and take an intermission into the Honest and Fair Activity stressing how the two Letters H & F have major importance in the Girl Scouts Law.
- Activity
  - “Honest and Fair”
    - Do with the girls the Honest and Fair activity on page 22 of the Girl Scout Daisy Leaders book.
    - Make sure the girls seem like they have a clear understanding of what it means to be honest and fair.
    - Incorporate the Apples from this activity into a Snack Time, Garden Style.
- Continue with Alphabet Hike
  - See if the girls can find the remaining of the letters at the park
- Closing
  - Explain to the girls that they have just earned their first petal and finish off with the Friendship Circle.
Session 2: Buzzing Toward Girl Scouts Values

Meeting 4:
Supplies & Resources
- Girl Scout Daisy *Adult Guide*
- Girl Scouts *Welcome to the Daisy Flower Garden* book
- Girl Scout Daisy *Leaders* book
- Scissors
- Healthy snack
- Crayons, Markers, and Pens
- Copies of page 3-5 in Girl Scout Daisy *Activity Book*

Girls discover how Girl Scouts values are part of their daily lives and water their garden

- Opening Ceremony
  - Hello Around the world (Mexico and Spain) and the Girl Scouts Promise
    - Follow the script for this on page 50 of your Girl Scout Daisy *Adult Guide*
  - Learn the Girl Scouts Sign
    - Follow the script on page 50 of your Girl Scout Daisy *Adult Guide*

- Activity
  - Girls discover how everyone is special in their own way
    - This activity feeds into the part of the Program Goal #1 which can be found on page 9 of the Daisy Girl Scouts *Leaders* book.
    - The first point is to Foster’s girls’ felling of self acceptance and unique self worth.
    - Have the girls fill out the *Who am I? I am a Daisy Girl Scouts* of the handout or page in the Daisy Girl Scouts *Activity Book*.
    - Following have them do page 4& 5 of Girl Scouts *How to Guide Girl Scouts Daisies Through* book or Handout.
      - While doing the activities, follow the *I Am Different, I Am Unique* Activity script in the Girl Scout Daisy *Leaders* book

- Snack
- Read to the Girl Scouts Daisy’s page 20-21 of the Daisy Girl Scouts *Activity Book*.
- Mini-Garden Watering Time
o Follow the script on page 51 of the Girl Scouts How to Guide Girl Scouts Daisies Through book.

- Closing
  o Friendship Circle

**Meeting 5:**

**Supplies & Resources**

- Girl Scout Daisy Adult Guide
- Girl Scouts Welcome to the Daisy Flower Garden book
- Healthy snack

Girls continue to explore Girl Scouts values while reading more into the Garden Story.

- Opening Ceremony
  o Quick Activity What’s in a Dozen in the Girl Scout Daisy Leaders book

- Garden Story Time

- Follow the script on page 52 of the Girl Scout Daisy Adult Guide

- Activity
  o Garden Scamper

- Follow the Script on page 53 of the Girl Scout Daisy Adult Guide
  o If time allow the girls to do the activities in chapter 2.

- Snack

- **Take Home Assignment:** Water the flower garden

  o Follow the same script on page 51 of the Girl Scout Daisy Adult Guide but emphasize another relevant line of The Girl Scouts Law.

- Closing
  o Ask the Girls to fill in page 31 with a family member at home for the next meeting and see how many keys that their family has.
  o Friendship Circle
**Meeting 6:**

**Supplies & Resources**
- Girl Scout Daisy *Adult Guide*
- Girl Scouts *Welcome to the Daisy Flower Garden* book
- Girl Scout Daisy *Leaders* book
- Healthy snack

More learning of Girl Scouts values while being Friendly and Helpful.

- **Opening Ceremony**
- Daisy Move and Dance Activity in the Girl Scout Daisy *Leaders* book
- Recap Chapter 2 of the Girl Scouts *Daisy Flower Garden* book
- Have the girls share “All about Keys!” activity on page 31 of their Girl Scouts Girl Scouts *Welcome to the Daisy Flower Garden* book.
- “Friendly and Helpful”
  - Make sure girls are gaining an understanding of being “Friendly and Helpful”. Even tie in how friendly they and been towards each other and helpful with the Garden.
- **Snack**
- Water the Flower Garden
- Follow the same script on page 51 of the Girl Scout Daisy *Adult Guide* but emphasize another relevant line of The Girl Scouts Law.
- **Closing**
  - Friendship Circle

**Meeting 7:**

**Supplies & Resources**
- Girl Scout Daisy *Adult Guide*
- Girl Scouts *Welcome to the Daisy Flower Garden* book
- Girl Scout Daisy *Leaders* book
- Healthy snack

This meeting is all about being “Courageous and Strong”

- Have the girls take a field trip to their local YMCA or kids Gym and follow through with the “Courageous and Strong” Activity on page 22 of the Girl Scout Daisy *Leader* book.
  - Girls will also earn their *Courageous and Strong* Petal.
Session 3: Greetings and Friendship

Meeting 8:
Girls learn a new phrase in Hello and continue with The Garden Story

Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scouts Welcome to the Daisy Flower Garden book
✓ Girl Scout Daisy Activity Book
✓ Scissors
✓ Healthy snack
✓ Crayons, Markers, and Pens

- Opening Ceremony
  o Hello Around the World (France and Parts of Africa), and Girl Scouts Handshake
    ▪ Follow the script for this on page 56 of your Girl Scout Daisy Adult Guide.
  o Girl Scouts Handshake
    ▪ Follow the script on page 56 of Girl Scout Daisy Adult Guide
- Mini-Garden Watering Time
- Follow the script on page 57 of your Girl Scout Daisy Adult Guide.
- Activity
- Choose an activity from the Girl Scout Daisy Activity Book.
- Snack Time
- Garden Story
- Chapter 3 in the Girl Scouts Girl Scouts Welcome to the Daisy Flower Garden book
  o Follow Script on page 58 of the Girl Scouts How to Guide Girl Scouts Daisies Through book
- Closing
  o Friendship Circle
Meeting 9:
Girls deepen their understanding of the Girl Scouts Law and earn a Girl Scout Petal for the 5th value

Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scout Daisy Leaders Book
✓ Healthy snack

- Opening Ceremony
  o Do the Activity on page 51 of the Girl Scout Daisy Leaders Book
- Review the Garden Story so far and have a thorough discussion of how everything has tied into the values that they have learned so far.
- Reviewing the Girl Scouts Law
  o Follow the script on page 59 of the Girl Scout Daisy Adult Guide
- Snack
- Activity
  o Do the "Responsible for What I Say and Do" activity on page 23 of the Girl Scout Daisy Leaders Book
- Min-Garden Watering Time
  o Follow the script on page 56 of your Girl Scout Daisy Adult Guide.
- Closing
  o Friendship Circle

Meeting 10:
Girls will be Imitating Nature and Earning the Watering Can Award

Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Already have a festive celebration planned out
✓ Songs
✓ Snacks

- Opening Ceremony
  o Imitating Nature
- Have the girls get in a daisy circle and follow the script on page 60 of the Girl Scout Daisy Adult Guide
- Closing in conjunction with Earning the Watering Can Award
  o Include your own festive ideas with songs.
  o Follow the script at the bottom of page 60 in the Girl Scout Daisy Adult Guide
Meeting 11:
(Preparing for session 4) This meeting will focus on more fun facts and helpful resources for a healthy garden.

Supplies & Resources
- Girl Scout Daisy Adult Guide
- Daisy Girl Scouts Activity Book
- Girl Scouts Junior (Worm Composite Leader)
- Healthy snack
- Worms, soil, and Box

Opening Ceremony
- Move with Me
  - Have the girls participate in the activity on page 34 and 35 of the Daisy Girl Scouts Activity Book
- Worm Composting
- Be creative follow the script on page 62 of the Girl Scout Daisy Adult Guide for guidance
- Activity
  - Bring in ladybugs and discuss them
  - Have lady bug handouts for the girls to color
- Fun facts can be found at the bottom of page 63 of the Girl Scout Daisy Adult Guide for guidance
- Snack time
- Water Garden
- Closing
  - Friendship Circle

Session 4: Good Thoughts, Good Deeds, Garden Needs

Meeting 12:
Supplies & Resources
- Girl Scout Daisy Adult Guide
- Girl Scouts Welcome to the Daisy Flower Garden book
- Girl Scout Daisy Leaders Book
- Snacks

- Opening Ceremony
  - Hello Around the World (The Netherlands and Iran)
- Follow script on page 66 of the Girl Scout Daisy Adult Guide
- Garden Story Time
  - Recap and Read Chapter 4
  - Do Activities if time allows
• Activity
  o “Considerate and Caring” Petal
• Do the activity for this on page 22 of the Girl Scout Daisy Leaders Book
• Mini Garden Watering Time
• Follow script on page 68 of the Girl Scout Daisy Adult Guide
• Closing
  o Friendship Circle

Meeting 13:
Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scouts Welcome to the Daisy Flower Garden book
✓ Girl Scout Daisy Leaders Book
✓ Snacks

Brainstorming for Take Action Project
• Opening Ceremony
  o Nature in Action Activity
  o Page 24 of the Daisy Girl Scouts Activity Book
• Take Action Project Brain Storm
• Follow script on page 67 of the Girl Scout Daisy Adult Guide
• Water the Garden
• Snack
• Respect Myself and Other
  o The girls so far have been doing a great job with this so far by not only respecting humans but nature as well.
• Do the “Respect Myself and Others” Law on page 23 of the Girl Scout Daisy Leaders Book
• Closing
  o Friendship Circle

Meeting 14:
Girls work on Take Action Project

Session 5: Doing and Growing

Meeting 15:
Supplies & Resources
✓ Girl Scout Daisy Adult Guide
✓ Girl Scouts Welcome to the Daisy Flower Garden book
✓ Pens and markers
✓ Snacks
Girls will finish up or continue on take action project and depending on location follow through with the Garden Story.

- Opening Ceremony
- Follow script on page 72 of the Girl Scout Daisy *Adult Guide*
- Garden Story Time
- Follow script on page 72 of the Girl Scout Daisy *Adult Guide*
- Mini-Garden Watering Time
- Follow script on page 73 of the Girl Scout Daisy *Adult Guide*
- Activity
  - Secret Garden Stuff
- Page 73 of the Girl Scout Daisy *Adult Guide*
- Snack
- Closing Ceremony
  - Friendship Circle and recap of efforts

**Meeting 16:**

**Supplies & Resources**

- Girl Scout Daisy *Adult Guide*
- Snacks

Girls Earn the Use Resources Wisely Petal and Golden Honey Bee Award

- Opening Ceremony
  - Use Resources Wisely
    - Tie in a way the girls have been using their resources up to this point and do the activity for this petal on page 23 of the Daisy Girl Scouts *Leaders Book*
  - Closing Ceremony
    - Earning the Golden Honey Bee Award
      - This is only to be awarded if the Take Action Project is completed
      - Consider something creative and festive to celebrate for the remaining hour
  - Follow script on page 73 of the Girl Scout Daisy *Adult Guide*

**Meeting 17:**

Girls Start Steps on Bridging to Daisy

- Opening Ceremony
  - Activity of choice
- Activity
- Bridging Step 1 and Step 2 on pages 62-63 of the Girl Scout Daisy *Leaders Book*
  - Allow girls to earn petal of choice
- Closing Ceremony
  - Your Choice
Meeting 18:
Girls continue Bridging Activities
- Opening Ceremony
  - Activity of choice
- Activity
- Bridging Step 3 page 64 of the Girl Scout Daisy Leaders Book
  - Allow girls to earn petal of choice
- Closing Ceremony
  - Your Choice

Meeting 19:
Girls continue Bridging Activities
- Opening Ceremony
  - Activity of choice
- Activity
- Bridging Step 4 page 64 of the Girl Scout Daisy Leaders Book
  - Also start planning Garden Party
- Closing Ceremony
  - Your Choice

Session 6: Celebrating the Law with a Garden Party

Meeting 20:
Supplies & Resources
- Girl Scout Daisy Adult Guide
- Girl Scouts Welcome to the Daisy Flower Garden book
- Snacks

Girls conclude their understanding of Girl Scouts Law. The Garden Party can be incorporated with the Bridging Party or the two can be on separate dates.
- Opening Ceremony
- Follow Script on page 78 of the Girl Scout Daisy Adult Guide
- Garden Story Time
- Follow Script on page 78 of the Girl Scout Daisy Adult Guide
- A Note For Future Girl Scouts Daisies
- Follow Script on page 78 of the Girl Scout Daisy Adult Guide
- Earning the Amazing Daisy Award
- Follow Script on page 78 of the Girl Scout Daisy Adult Guide
- Bridging Ceremony
  - insignia and awards
- Garden Party
- Follow Script on page 78 of the Girl Scout Daisy Adult Guide