

Level Four: Intermediate Camper

Girl Name: _____

Troop #: _____

Leader Name: _____

Date: _____

Locations where girl worked on activities:

Housekeeping

- € Help put up a tent
- € Learn how to roll a sleeping bag
- € Learn what to bring on an overnight
- € Go on a simple overnight/sleepover

Cooking

- € Use a charcoal chimney
- € Use a box oven
- € Use a pie iron
- € Practice boiling water for safe drinking

Knots and lashing

- € Learn to tie a bowline knot and when to use it
- € Learn how and when to 'hack a rope'
- € Demonstrate 6 different knots

Tools

- € Learn at least 9 parts of a bow of choice and 4 parts of an arrow
- € How to string and unstring a bow or know 2 or more methods of stringing a bow
- € The proper stance for shooting
- € The correct way to pull an arrow from the target and how to pick up arrows from the ground
- € Learn how to care for archery equipment

Fire Building

- € Build, light, and put out a teepee fire
- € Try for the Single Match Club and earn your patch!

First Aid

- € Discuss contents of a first aid kit
- € Make a first aid kit for your troop or group

Outdoor Recreation

- € Learn Semaphore- demonstrate by sending and receiving a short sentence correctly
- € Canoe: Learn the J stroke, draw, and push-away strokes
- € Sleep outside 4 nights minimum

Hiking

- € Learn how to pack a backpack for a backpacking trip
- € Learn trail markers and practice using them on a hike
- € Learn about and practice using a compass

Nature

- € Find an animal track and identify it

Songs, Games, Traditions, and Ceremonies

- € Play a wide game
- € Learn to fold and carry a flag
- € Plan an overnight campout at one of the council's camps and invite a Daisy Troop for the flag ceremony and/or games

Volunteer Service

- € Volunteer 20 hours total with an organization or project of your choice.
(This can be completed over time but must be completed upon receiving the patch.)