

Level Three: Adventurer

Girl Name: _____

Troop #: _____

Leader Name: _____

Date: _____

Locations where girl worked on activities:

Housekeeping

- € Make a girl scout clothes line
- € Learn where to find safe drinking water
- € Discuss appropriate toilet practices when a bathroom or latrine is not available

Cooking

- € Make a cake, muffin, or brownie in an orange,
- € Make a foil dinner
- € Use a dutch oven

Knots and lashing

- € Learn how to tie a sheet bend and when to use it
- € Learn the half hitch and when to use it

Tools

- € Learn how to sharpen a knife
- € Learn how to whittle

Fire Building

- € Show how to use a shovel and rake effectively and put each away
- € Make and use fire starters
- € Stack a proper woodpile
- € Make a fire foundation
- € Lay, start, add fuel to a fire (taking note of what burns well and what does not); help put the fire out when done

First Aid

- € Learn how to help someone who is choking
- € Learn about tick bites and Lyme Disease

Outdoor Recreation

- € Canoe or Kayak at Texlake or Kachina, or attend a GSCTX Canoe program
- € Learn how to use a slingshot at Kachina
- € Sleep outside 3 nights minimum

Hiking

- € Learn how to use a compass
- € List five things to take on a hike
- € Learn how to use a map
- € Sketch a map

Nature

- € Name 3 problems in your area that plants, animals, or insects cause humans. Tell how to avoid these dangers and review simple first aid. (i.e. poison ivy...)
- € Learn about bird beaks and uses
- € Learn more about ways to protect the natural world and choose an outdoor "good turn" to include in your next outdoor activity

Songs, Games, Traditions, and Ceremonies

- € Plan a flag ceremony
- € Learn about and make one SWAP and swap it with someone else!
- € Learn to sing a quiet song

Volunteer Service

- € Volunteer 20 hours total with an organization or project of your choice.
(This can be completed over time but must be completed upon receiving the patch.)